

Coronavirus/COVID-19 Informational Sheet

Name of Athlete: _____ Date Of Birth _____
Grade: ____/Anticipated year of Graduation: ____
Home Address: _____
Phone: _____
Student Email _____

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. The following are signs and symptoms or risk factors for contracting COVID-19:

Signs and Symptoms: <ul style="list-style-type: none">● Fever (100.4°F/38°C or higher)● Cough● Shortness of breath● Gasping for air● Cannot talk without catching breath● Persistent pain or pressure in chest● Confused or inability to arouse● Bluish lips or face● Sore throat● Nausea or vomiting● Diarrhea● Loss Taste/Smell	Risk Factors: <ul style="list-style-type: none">● Chronic lung disease● Moderate to severe asthma● Serious heart conditions● Immunocompromised● Bone marrow/organ transplantation● Immune deficiencies● Poorly controlled HIV/AIDS● Prolonged use of corticosteroids/immune weakening medications● Severe obesity● Diabetes● Chronic kidney disease● Liver disease
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Anyone currently experiencing signs or symptoms of COVID-19, or fall under any risk factor considerations, should consult a doctor for approval of participation in athletics.

Federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people. Norfolk Public Schools has put in place preventative measures to reduce the spread of COVID-19 (see Appendix A); however, cannot guarantee that your child or you will not become infected with COVID-19. Further, participating in athletics could increase your child's risk and your risk of contracting COVID-19. Sports may vary for increasing risks of infections based on level of close contact required (see Appendix B).

Appendix A:

Completion of screening questionnaire, Facial Temperature check: Temperature 100.4°F/38°C, Face Covering/Mask upon arrival, washing your hands (20 sec) and Social Distancing/ 6-10 ft apart.

